

Check List

Feeding



There are many stages of baby feeding and you will need to be prepared for all of them. This checklist is organized into bottle and solid feeding categories to help you plan for your first year of baby feeding. If you are breastfeeding, use the getting ready to breastfeed checklist to help you plan for successful breastfeeding.

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Bottle Feeding

- 5 - 8 4oz. bottles
- 5 - 8 8oz. bottles
- Bottle liners if using disposable bottles
- 10-12 nipples
- Bottle brush
- Microwavable sterilizer
- Bottle warmer
- Case of baby formula
- 4-6 bibs
- 4-6 burp pads

Solid Feeding

- High chair
- Food mill/grinder
- 3-4 forks
- 3-4 spoons
- 3-4 bowls
- 2-3 sippy cups
- Splash mat
- 9-10 bibs